



DEPARTMENT OF THE ARMY
284TH BASE SUPPORT BATTALION
UNIT 20911, BOX 0001
APO AE 09169-0001

AETV-GSN-CO

18 Nov 03

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Command Policy Letter 19, Fitness Centers Age Policy

1. The 284th BSB Sports and Fitness Centers are available for open use by authorized patrons under the following conditions:

a. Free Weight Rooms:

- (1) Must be age seventeen (17) or older to use without adult supervision.
- (2) Ages thirteen through sixteen (13-16) must be actively participating in the same activity and under the direct supervision of a parent or guardian at all times.
- (3) Children who are twelve (12) years old and younger are not allowed in free weight room area.

b. Cardiovascular / Group Exercise (Aerobics) Areas:

- (1) Must be age seventeen (17) to use area without adult supervision.
- (2) Ages thirteen through sixteen (13-16) must be actively participating in the same activity as and under the direct supervision of a parent or guardian at all times.
- (3) Children who are twelve (12) years old and younger are not allowed in Cardiovascular / Group Exercise area.

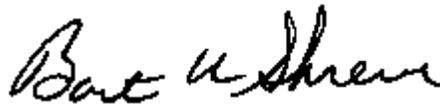
c. Basketball / Racquetballs:

- (1) Ages seventeen (17) and older may use without adult supervision.
- (2) Children sixteen (16) years old and under must be actively participating in the same activity as and under the direct supervision of a parent or guardian at all times (exception: Morale, Welfare and Recreation organized activities).

d. Equipment Checkout: must be age seventeen (17) or older with a valid Identification card.

e. Authorized patrons may utilize the facility as spectators.

2. Exceptions to this policy will be made by on-site personnel only:
 - a. When use by non-active duty personnel (civilians, family members, etc) limits access to active duty personnel (i.e. active duty will always have priority for facility use).
 - b. When on-site staff believes that an exception to the policy is in the best interest of a safe facility.
 - c. When on-site staff sees unsafe or unhealthy situation or when any patron appears to be at risk.
3. This policy will be permanently displayed on bulletin boards.
4. Point of contact for this memorandum is Mr. Danny Sullivan at DSN 343-6384, civilian 0641-4026384 or email Danny.Sullivan@104asg.mwr.army.mil.


BART U. SHREVE
LTC, SF
Commanding

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A + BSB Website